MBSAQIP PRE _ OP VIDEO QUIZ

Patient Name: _____________________________
Surgeon’s Name: __________________________
Surgery Date: ____________________________

1. In the Video Dr. John Morton introduced himself as the Chief of Bariatric Surgery at Stanford University and congratulates you on choosing to have your surgery at an MBSAQIP Center. True or False.

2. What is the recommended Minimum daily amount of fluids following surgery
   a. 48 ounces
   b. 28 ounces
   c. 68 ounces

3. Was 60-80 gram of protein the recommended daily protein intake by the dietitian in the video? YES or NO.

4. Did the video advise you to have the “on call” number to contact your surgeon if you have a problem or question? YES or NO

5. The video mentions that you will up and walking soon after surgery to prevent DVT or Blood Clot? YES or NO

6. The video mentions that you will need to use your Incentive Spirometer every hour after surgery to prevent pneumonia? YES or NO

7. You will need to have an appointment to see a dietitian or nutritional counselor within 30 days after surgery Y or N

Thank you for taking this Quiz

Patient Signature__________________________________
Date _____________________________________________
Hospital Staff Signature ____________________________
Please answer these questions below to help us prepare for your visit.

Is your BMI>50? Yes or No
Do you have Hypertension? Yes or No.
Do you have Diabetes? Yes or No.
Do you have Hyperlipidemia? Yes or No.
Do you have Metabolic Syndrome? Yes or No.
Do you have COPD? Yes or No.
Do you use any medical devices Yes or No?
If yes please circle what you use or write it in. CPAP machine, Walker or cane or wheelchair?
Do you need lifting help? Yes or No.

What is the best time to call you after surgery for your follow up phone call? (A phone call 24 to 48 hours after discharge is required)

Please circle one a time frame.

Monday to Friday:

0800am to 1200pm
1200pm to 4pm
4pm to 6 pm
6pm to 8pm.

Saturday and Sunday 12pm -3pm

Thank you for your time.

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